

Pragati Express/12125 - SF - CR
CSMT/Mumbai CSM Terminus to LNL/Lonavla
2h 21m - 124 km - 4 halts - Departs Daily

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----------|-------------|----------------------------|--------------|-----|--------------|-----|------|----|-----|-----|-----|-----|------|
| 1 | CSMT | Mumbai CSM Terminus | | | 16:25 | | | 12 | 1 | 0 | 60 | 14 | CR |
| 2 | DR | Dadar Central | 16:34 | | 16:35 | | 1m | 10 | 1 | 9 | 77 | 7 | CR |
| 3 | TNA | Thane | 16:54 | | 16:55 | | 1m | 5 | 1 | 33 | 69 | 7 | CR |
| 4 | PNVL | Panvel Junction | 17:29 | | 17:30 | | 1m | 7 | 1 | 68 | 48 | 12 | CR |
| 5 | KJT | Karjat Junction | 18:05 | | 18:07 | | 2m | 1 | 1 | 97 | 43 | 52 | CR |
| 6 | LNL | Lonavla | 18:46 | | 18:48 | | 2m | 1 | 1 | 124 | 80 | 623 | CR |
| 7 | SVJR | Shivajinagar | 19:34 | | 19:35 | | 1m | 2 | 1 | 186 | 10 | 550 | CR |
| 8 | PUNE | Pune Junction | 19:50 | | | | | 2 | 1 | 188 | - | 560 | CR |