

Jammu Tawi - Sealdah Humsafar Express/22318 - Hms - ER

MB/Moradabad Junction to SDAH/Sealdah

23h 12m - 1298 km - 7 halts - Departs Wed

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|-------------|--|--------------|-----|--------------|-----|------|-----|-----|------|-----|-----|------|
| 1 | JAT | Jammu Tawi | | | 07:20 | | | 1 | 1 | 0 | 59 | 344 | NR |
| 2 | LDH | Ludhiana Junction | 11:50 | | 12:00 | | 10m | 1 | 1 | 264 | 63 | 257 | NR |
| 3 | UMB | Ambala Cantt. Junction | 13:48 | | 13:53 | | 5m | 2 | 1 | 378 | 76 | 273 | NR |
| 4 | SRE | Saharanpur Junction | 14:57 | | 15:05 | | 8m | 3,4 | 1 | 459 | 63 | 275 | NR |
| 5 | MB | Moradabad Junction | 18:10 | | 18:18 | | 8m | 1 | 1 | 652 | 71 | 193 | NR |
| 6 | BE | Bareilly Junction | 19:34 | | 19:36 | | 2m | 1 | 1 | 742 | 63 | 169 | NR |
| 7 | LKO | Lucknow Charbagh NR | 23:20 | | 23:30 | | 10m | 2 | 1 | 977 | 46 | 124 | NR |
| 8 | BSB | Varanasi Junction | 05:40 | | 05:50 | | 10m | 5 | 2 | 1260 | 22 | 77 | NR |
| 9 | DDU | Pt. DD Upadhyaya Junction (Mughalsarai) | 06:40 | | 06:50 | | 10m | 2,3 | 2 | 1278 | 82 | 79 | ECR |
| 10 | GAYA | Gaya Junction | 09:20 | | 09:25 | | 5m | 2,3 | 2 | 1483 | 69 | 109 | ECR |
| 11 | DHN | Dhanbad Junction | 12:20 | | 12:25 | | 5m | 1 | 2 | 1684 | 41 | 232 | ECR |
| 12 | ASN | Asansol Junction | 13:50 | | 13:52 | | 2m | 5,6 | 2 | 1742 | 58 | 106 | ER |
| 13 | SDAH | Sealdah | 17:30 | | | | | 9A | 2 | 1950 | - | 11 | ER |