

Harihar Express/14523 - Exp - NR

SEE/Sonpur Junction to LKO/Lucknow Charbagh NR

12h 35m - 542 km - 8 halts - Departs Mon,Thu

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|------------|------------------------------------|--------------|-----|--------------|-----|------|-----|-----|------|-----|-----|------|
| 1 | BJU | Barauni Junction | | | 05:05 | | | 3 | 1 | 0 | 43 | 48 | ECR |
| 2 | SPJ | Samastipur Junction | 06:15 | | 06:20 | | 5m | 7 | 1 | 51 | 57 | 47 | ECR |
| 3 | MFP | Muzaffarpur Junction | 07:15 | | 07:20 | | 5m | 3 | 1 | 103 | 65 | 57 | ECR |
| 4 | HJP | Hajipur Junction | 08:10 | | 08:15 | | 5m | 3 | 1 | 157 | 40 | 55 | ECR |
| 5 | SEE | Sonpur Junction | 08:23 | | 08:25 | | 2m | 4 | 1 | 162 | 30 | 56 | ECR |
| 6 | CPR | Chhapra Junction | 10:15 | | 10:25 | | 10m | 1,2 | 1 | 216 | 58 | 58 | NER |
| 7 | SIP | Suraimanpur | 10:55 | | 10:57 | | 2m | | 1 | 245 | 42 | 61 | NER |
| 8 | BUI | Ballia | 11:50 | | 11:55 | | 5m | 1 | 1 | 282 | 71 | 65 | NER |
| 9 | GCT | Ghazipur City | 12:50 | | 12:55 | | 5m | 1 | 1 | 347 | 29 | 74 | NER |
| 10 | BSB | Varanasi Junction | 15:30 | | 15:40 | | 10m | 4,5 | 1 | 422 | 61 | 77 | NR |
| 11 | SLN | Sultanpur Junction | 18:00 | | 18:05 | | 5m | 1 | 1 | 565 | 79 | 95 | NR |
| 12 | MFKA | Musafir Khana | 18:29 | | 18:31 | | 2m | 1 | 1 | 596 | 67 | 105 | NR |
| 13 | MBLP | Maharaja Bijli Pasi (Nihalgarh) | 18:48 | | 18:50 | | 2m | 1 | 1 | 615 | 41 | 108 | NR |
| 14 | LKO | Lucknow Charbagh NR | 21:00 | | 21:10 | | 10m | 5,7 | 1 | 704 | 58 | 124 | NR |
| 15 | BE | Bareilly Junction | 01:13 | | 01:15 | | 2m | 2 | 2 | 939 | 54 | 169 | NR |
| 16 | MB | Moradabad Junction | 02:55 | | 03:03 | | 8m | 2 | 2 | 1030 | 58 | 193 | NR |
| 17 | NBD | Najibabad Junction | 04:45 | | 04:50 | | 5m | 2 | 2 | 1128 | 71 | | NR |
| 18 | LRJ | Laksar Junction | 05:25 | | 05:30 | | 5m | 3 | 2 | 1170 | 51 | 257 | NR |
| 19 | RK | Roorkee | 05:51 | | 05:56 | | 5m | 3 | 2 | 1188 | 35 | 269 | NR |
| 20 | SRE | Saharanpur Junction | 06:55 | | 07:05 | | 10m | 5,6 | 2 | 1223 | 79 | 275 | NR |
| 21 | YJUD | Yamunanagar-Jagadhri | 07:28 | | 07:33 | | 5m | 3 | 2 | 1253 | 45 | 274 | NR |
| 22 | UMB | Ambala Cantt. Junction | 08:40 | | | | | 2 | 2 | 1304 | - | 273 | NR |