

Amritsar - Howrah Mail/13006 - Exp - ER
JRC/Jalandhar Cantt. Junction to BE/Bareilly Junction
10h 30m - 531 km - 14 halts - Departs Daily

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|---|---------|-----|-------------|-----|------|-----|-----|------|-----|-----|------|
| 1 | ASR | Amritsar Junction | | | 18:25 | | | 6 | 1 | 0 | 91 | 230 | NR |
| 2 | BEAS | Beas Junction | 18:53 | | 18:55 | | 2m | 2 | 1 | 42 | 71 | 233 | NR |
| 3 | KRE | Kartarpur | 19:13 | | 19:14 | | 1m | 1 | 1 | 64 | 50 | 235 | NR |
| 4 | JUC | Jalandhar City Junction | 19:32 | | 19:40 | | 8m | 2 | 1 | 79 | 31 | 237 | NR |
| 5 | JRC | Jalandhar Cantt. Junction | 19:49 | | 19:51 | | 2m | 2 | 1 | 83 | 82 | 236 | NR |
| 6 | PGW | Phagwara Junction | 20:03 | | 20:05 | | 2m | 1 | 1 | 100 | 62 | | NR |
| 7 | LDH | Ludhiana Junction | 20:40 | | 20:50 | | 10m | 1 | 1 | 136 | 58 | 257 | NR |
| 8 | SIR | Sirhind Junction | 21:52 | | 21:54 | | 2m | 2 | 1 | 196 | 127 | 267 | NR |
| 9 | RPJ | Rajpura Junction | 22:06 | | 22:08 | | 2m | 2 | 1 | 221 | 32 | 269 | NR |
| 10 | UMB | Ambala Cantt. Junction | 23:00 | | 23:10 | | 10m | 1 | 1 | 249 | 87 | 273 | NR |
| 11 | YJUD | Yamunanagar-Jagadhri | 23:45 | | 23:50 | | 5m | 2 | 1 | 300 | 33 | 274 | NR |
| 12 | SRE | Saharanpur Junction | 00:45 | | 00:55 | | 10m | 4 | 2 | 330 | 50 | 275 | NR |
| 13 | RK | Roorkee | 01:37 | | 01:39 | | 2m | 1 | 2 | 365 | 57 | 269 | NR |
| 14 | LRJ | Laksar Junction | 01:58 | | 02:00 | | 2m | 1 | 2 | 383 | 69 | 257 | NR |
| 15 | NBD | Najibabad Junction | 02:36 | | 02:38 | | 2m | 1 | 2 | 425 | 67 | | NR |
| 16 | NGG | Nagina | 02:58 | | 03:00 | | 2m | 1 | 2 | 447 | 63 | | NR |
| 17 | DPR | Dhampur | 03:16 | | 03:18 | | 2m | 1 | 2 | 464 | 38 | 236 | NR |
| 18 | MB | Moradabad Junction | 04:53 | | 04:58 | | 5m | 1 | 2 | 523 | 61 | 193 | NR |
| 19 | RMU | Rampur Junction | 05:25 | | 05:27 | | 2m | 2 | 2 | 551 | 70 | 191 | NR |
| 20 | BE | Bareilly Junction | 06:21 | | 06:23 | | 2m | 1 | 2 | 614 | 64 | 169 | NR |
| 21 | SPN | Shahjahanpur Junction | 07:29 | | 07:31 | | 2m | 1 | 2 | 684 | 71 | 155 | NR |
| 22 | HRI | Hardoi | 08:24 | | 08:26 | | 2m | 3 | 2 | 747 | 74 | 141 | NR |
| 23 | BLM | Balamau Junction | 08:53 | | 08:55 | | 2m | 1 | 2 | 780 | 41 | 136 | NR |
| 24 | LKO | Lucknow Charbagh NR | 10:35 | | 10:40 | | 5m | 1 | 2 | 849 | 54 | 124 | NR |
| 25 | BCN | Bachhrawan | 11:33 | | 11:34 | | 1m | 1 | 2 | 896 | 59 | 124 | NR |
| 26 | RBL | Rae Bareli Junction | 12:05 | | 12:10 | | 5m | 3 | 2 | 926 | 72 | 112 | NR |
| 27 | JAIS | Jais | 12:34 | | 12:35 | | 1m | 1 | 2 | 955 | 67 | 116 | NR |
| 28 | GNG | GauriGanj | 12:51 | | 12:53 | | 2m | 1 | 2 | 973 | 57 | 106 | NR |
| 29 | AME | Amethi | 13:07 | | 13:08 | | 1m | 1 | 2 | 986 | 57 | 100 | NR |
| 30 | MBDP | MBDD Pratapgarh Junction | 13:45 | | 13:50 | | 5m | 3 | 2 | 1021 | 66 | 97 | NR |
| 31 | BSE | Badshahpur | 14:23 | | 14:25 | | 2m | 1 | 2 | 1058 | 48 | 98 | NR |
| 32 | JNH | Janghai Junction | 14:46 | | 14:48 | | 2m | 2 | 2 | 1075 | 55 | | NR |
| 33 | BOY | Bhadohi | 15:21 | | 15:23 | | 2m | 1 | 2 | 1105 | 31 | 89 | NR |
| 34 | BSB | Varanasi Junction | 16:50 | | 17:00 | | 10m | 5,4 | 2 | 1150 | 27 | 77 | NR |
| 35 | KEI | Kashi | 17:12 | | 17:13 | | 1m | 3 | 2 | 1155 | 18 | 83 | NR |
| 36 | DDU | Pt. DD Upadhyaya Junction (Mughalsarai) | 17:55 | | 18:05 | | 10m | 3,2 | 2 | 1168 | 70 | 79 | ECR |
| 37 | ZNA | Zamania | 18:43 | | 18:45 | | 2m | 1 | 2 | 1212 | 62 | 234 | ECR |
| 38 | DLN | Dildarnagar Junction | 18:58 | | 19:00 | | 2m | 2 | 2 | 1225 | 68 | | ECR |
| 39 | GMR | Gahmar | 19:14 | | 19:16 | | 2m | 1 | 2 | 1241 | 77 | 69 | ECR |
| 40 | BXR | Buxar | 19:32 | | 19:34 | | 2m | 1 | 2 | 1262 | 76 | 68 | ECR |
| 41 | DURE | Dumraon | 19:47 | | 19:49 | | 2m | 1 | 2 | 1278 | 92 | 71 | ECR |
| 42 | ARA | Ara Junction | 20:23 | | 20:25 | | 2m | 1 | 2 | 1330 | 67 | 59 | ECR |
| 43 | DNR | Danapur | 21:00 | | 21:02 | | 2m | 1,2 | 2 | 1369 | 21 | 54 | ECR |
| 44 | PNBE | Patna Junction | 21:30 | | 21:40 | | 10m | 1 | 2 | 1379 | 39 | 57 | ECR |
| 45 | PNC | Patna Saheb | 21:55 | | 22:00 | | 5m | 1 | 2 | 1389 | 76 | 58 | ECR |
| 46 | BKP | Bakhtiyarpur Junction | 22:28 | | 22:30 | | 2m | 1 | 2 | 1424 | 75 | 48 | ECR |
| 47 | MKA | Mokama | 23:05 | | 23:10 | | 5m | 1 | 2 | 1468 | 54 | 144 | ECR |
| 48 | KIUL | Kiul Junction | 23:48 | | 23:50 | | 2m | 5 | 2 | 1502 | 35 | 153 | ECR |
| 49 | JAJ | Jhajha | 01:23 | | 01:28 | | 5m | 2 | 3 | 1556 | 82 | 138 | ECR |

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|--------------------|---------|-----|-------------|-----|------|-----------|-----|------|-----|-----|------|
| 50 | JSME | Jasidih Junction | 02:00 | | 02:05 | | 5m | 1 | 3 | 1600 | 70 | 260 | ER |
| 51 | MDP | Madhupur Junction | 02:30 | | 02:34 | | 4m | 0 | 3 | 1629 | 89 | 248 | ER |
| 52 | CRJ | Chittaranjan | 03:12 | | 03:14 | | 2m | 2 | 3 | 1685 | 34 | 178 | ER |
| 53 | ASN | Asansol Junction | 03:58 | | 04:03 | | 5m | 5 | 3 | 1710 | 69 | 106 | ER |
| 54 | RNG | RaniGanj | 04:19 | | 04:21 | | 2m | 4 | 3 | 1729 | 80 | 100 | ER |
| 55 | DGR | Durgapur | 04:39 | | 04:41 | | 2m | 4 | 3 | 1753 | 60 | 73 | ER |
| 56 | BWN | Bardhaman Junction | 05:45 | | 05:49 | | 4m | 5 | 3 | 1816 | 56 | 36 | ER |
| 57 | HWH | Howrah Junction | 07:30 | | | | | 14, 17 | 3 | 1911 | - | 12 | ER |